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A broken heart song

Manywell/Brianna Gilmartin every year around Valentine's Day, newspapers run stories about broken heart syndrome, a condition in which people-usually postmenopausal women experience serious, acute heart symptoms after an episode of extreme emotional stress. Broken heart syndrome is known by doctors though stress cardiomyopathy. Cardiomyopathy is simply the medical term for any disorder of the heart muscle. Stress cardiomyopathy is a recently recognized heart condition that is dramatic and severe, but it is usually reversible and passing-if treated in the right way. And, to be clear, this type of broken heart syndrome generally has nothing to do with failed romance. Stress cardiomyopathy is a much better term for this condition than the more popular term, broken heart syndrome. We typically think of a broken heart as something that happens after a common hacking, not something that happens after serious emotional distress. Nevertheless, this terminology has led to much publicity, and the knowledge of this syndrome is consequently spread quickly and widely —and that widespread awareness is good. In stress cardiomyopathy, a portion of the heart muscle – often a large part - suddenly stops functioning, resulting in acute heart failure. With aggressive medical care, the condition is generally transient and the heart muscle returns to normal function within a few days or weeks. However, as medical care is delayed, stress cardiomyopathy can be fatal. Stress cardiomyopathy caused by extreme and sudden emotional trauma or physical stress. Reported triggers included unexpected news of a death, domestic abuse, armed robbery and even a surprise party. The condition typically manifests with symptoms that indicate an acute heart attack—thinking severe pressure-like chest pain, dyspnea, and a sense of imminent doom. Nearly 90 percent of people who have this condition are women with an average age of 66, but it's not known why stress cardiomyopathy affects women disproportionately. In fact, stress cardiomyopathy is a truly unique condition: It happens suddenly in otherwise healthy people, usually women. This immediately follows an episode of serious emotional or physical stress. The presentation symptoms strongly indicate a heart attack. Initially, victims are critically ill with heart failure, but with appropriate care most and the cardiomyopathy almost always disappears completely. The symptoms of stress cardiomyopathy are so sudden and so severe that it is almost indispensable that anyone who develops it will fail to seek medical assistance. And the physical manifestations of the condition are so obvious that no doctor who sees female patients may fail to realize that something serious is going on. So, as bad as stress cardiomyopathy is, at least there is little danger it will be ignored by its victims or by medical staff. It stands in stark contrast to several other as stress cardiomyopathy. Chief among them is angina and heart attacks. These conditions are as frequent and as dangerous in women as in men, but they often present with atypical symptoms. The cause of stress cardiomyopathy is unknown, but most experts blame it on an unusual response to stress hormones, such as adrenaline, after emotional trauma. The condition can be associated with microvascular angina as well, caused by the limitation of microvessels (small blood vessels) within the heart muscle. Others have postulated that this condition may be associated with coronary artery spasm. When first evaluated, people who have stress cardiomyopathy are initially thought to be a massive heart attack. However, the changes on their ECGs are not typical for a heart attack and the heart enzyme tests that are supposed to confirm that a heart attack is not significantly increased. Moreover, when taken to the catheterization lab, their coronary veins are open. In true heart attacks, one of the coronary veins would have been separated. Finally, many people with stress cardiomyopathy found that a peculiar type of heart muscle weakness (cardiomyopathy) on echocardiography, where parts of their left ventricle balloons have outward in an unusual and distinctive fashion. In Japan, where this condition was first described, the distinctive balloons of the left ventricle are said to look like an octopus truck or takotsubo, so the condition is called takotsubo cardiomyopathy. Many people with stress cardiomyopathy initially had severe heart failure and required aggressive and intensive heart care. Fortunately, with aggressive medical care, not only survived them, but their cardiomyopathy usually dissolves completely within a few days to weeks. You should always consult with your doctor to find the best treatment approach. To help get that conversation, we use Doctor Booking Guide below. Get our printable guide for your next doctor's appointment to help you ask the right questions. Thank you for your feedback! What are your concerns? Verywell Health uses only high-quality sources, including peer-to-peer-evaluated studies, to support the facts within our articles. Read our editorial process to learn more about how our facts-watch and keep our content accurate, reliable, and reliable. Prasad A, Dangas G, Srinivasan M, et al. Appearance and Angiographic properties of patients with apical balloons syndrome (Takotsubo/Stress Cardiomyopathy) in the HORIZONS-AMI trial: An analysis of a multicenter, International Study of ST-Height Myocardial Infarction. *Katerer Cardiovasc Interv* 2014; 83:343. Singh K, Carson K, Usmani Z, et al. Systematic Review and Meta-analysis of appearance and correlate from repetition of Takotsubo cardiomyopathy. *Int J Cardiol* 2014; 174:696. Templin C, Ghadri JR, Diekmann J, et al. Clinical Features and Outcomes of Takotsubo (Stress) Cardiomyopathy. *N Engl J Med* 2015; 373:929. for the right on so you think you can dance, and for predesed on Hidden Palms and Footballers Women last night. Either way, it was a good night for TV. The hopeful Dance, which was wiggled to 20, included two anachronistic Lindy hoppers who seemed to keep their parents home and convinced them it was the 1920s, and a dancer with a prosthetic arm that was amazing. Also, there was a sore loser. I had to drag my partner around, and she kept, he grabbed after a particularly sorry samba that got him. Then he got the get that camera out of my face thing that doesn't really make a lot of sense, for someone who has chosen to be on a reality show. Perky host Cat Deeley (pictured) is limiter than ever, and Judge Mary Murphy - really? She really needs to scream and squeeze like that? The dance's fun and everything, but very little needs to get a person who is excited. The false drama about Hidden Palms entertainment in its own, special way. Also it's a lot like the fake drama on now-deficit The OC, just located - and it makes it completely different – in Palm Springs. Get it? Two different performances. The same premise: Outside the well manicured lawns there is intrigue and drama, etc. Johnny (Taylor Handley) is cute like Ryan, as a little squinty. The mysterious dead Eddie, we learned, killed himself. And Nikki, a girl Johnny dated in rehab (rehab! He is 16! I didn't tremble at the drama) returned and threw a wreck his flirtation with locally tormented teenager Greta. Oh, and Greta certainly had something to do with Eddie's death, along with bad boy Cliff (we know he's bad because of the music that accompanies him). I'm going to keep looking to find out because, frankly, I'm a sucker for these things. And yes, too old for these things as well, but I was too young to watch Melrose Place and it didn't stop me. It's the same hunger for badly acted soap that gets me all psyched Footballers Women are on again. The BBC America show's fifth season begins just here, features a spectacular array of hungry footballers and busty babies. P.S. – smut-wise, Soccer players are tops. These are some diaper people and the Brits aren't afraid to leave them, you know, express themselves. This is the sexy show's final instalment, so now is the time to agree in. Just make sure the kids are in bed. — Amy DiLuna Trashy primetime soap: Love 'em or leave 'em? Chat it out in comments. This content is created and maintained by a third party, and imported on this page to help users provide their email addresses. You may be able to find more information about this and similar content at piano.io there is no pain quite as severely intense as that of a broken heart. We were all there, right? A love ends are painful, no matter the form it takes. Whether it's an unmaking you've been ready for or if you've become blindsided, it can tear your life apart. No matter how strong you are, we are all susceptible to the pain of loss. We hear a lot of a story from dying of a broken heart, but we had to wonder: Is this really possible? Sure, yes, breaking and untimely relationship ends are stressful and terrible, but can they really be fatal? To answer this question, we dug a little. It turns out that the health effects of a broken heart are not to sell some scam film tickets and novels. Broken heart syndrome is legitimate. Broken heart syndrome, aka Takotsubo cardiomyopathy, is when the heart balloons are atypical. This can cause serious problems with the ventricles. Scary, we know. Your heart literally breaks. According to the Mayo Clinic, broken heart syndrome is a very real physical condition. They classify it as a temporary heart condition that is brought forth by high-stress situations. It gets its name because, let's face it, there are fewer things in this world that cause us to stress more than a breakup. According to the Mayo Clinic's website: In broken heart syndrome, there is a temporary disruption to your heart's normal pumping function in one area of the heart. The rest of the heart functions normally or with even more powerful contractions. Broken heart syndrome can be caused by the heart's response to a surge of stress hormones. What's worse, there are long-term effects of heartbreak for some. The stress has been linked to depression and anxiety. It's not particularly surprising when you think about it. Our interpersonal relationships are the most powerful people we have. The idea of losing the one you love is enough to cause a panic attack, let alone reality. Some relationships you get about, and others you may not. Everyone is different. Yes, your chance of death can increase if your husband or wife dies. While unlike the classic temporary broken heart syndrome, mortality rates are linked to the death of one's beloved. The widow effect is when grooms die within a short period of time. This is a true social behaviour effect and is thoroughly documented. In a 2018 study from the University of Wisconsin-Madison, it showed that when one spouse dies, there is a 30-90 percent chance that the other spouse will die within a few months to a year. The death of a spouse, for whatever reason, is a significant threat to health and poses an essence of death by whatever cause, writes study, authors Nicholas A. Christakis and Felix Elwert. Does this phenomenon sound familiar? As The Cut points out: Johnny and June Cash. What about Noah and Allie for all you have Notebook fans? It can be super depressed, but come on, it's some dark romance. Another effect of sadness? Physical pain. You know the feeling of truly, ruined by a missing? It's as if you have the flu and your whole body dies. This is because your brain tells your body it is in pain. Your brain is the powerful epicentre of the body. Studies have shown that the same areas of the brain illuminate when you have broken heart when you feel pain. The brain controls everything, including you feel. The stress of sadness is so great that the signs begin to manifest in your physical being. These are some seriously intense things. It is no coincidence that broken heart syndrome has the name it does. It's not just for clickability on the Internet. Love is one of, if not the most, powerful emotions we feel as people. Studies have shown that love is so addictive so many big drugs. It's battered. Maybe that's why we decided to marry each other in the first place: You can't even imagine life without that person. So, give in that loving feeling. It is OK to feel like the world can fall apart if you were partner to suddenly die or leave you (sorry for being depressed again). These are normal feelings when it comes to intense love. We just hope your romance is more happiness than you know, death. Send good vibes your way! Gigi Engle is a sex educator and writer who lives in Chicago. Follow her on Instagram and Twitter at @GigiEngle. @GigiEngle.

